

Sensory Tour

Awaken your senses by a guided experience in the vineyards with food, wine, and exquisite panorama!



Enhance your joy of life by reawakening your sensory perception.

The tour starts in the early morning with engaging our senses in the vineyards nearby Castello di Brolio. Guests will learn how to awaken their sense of move, sight, touch, hearing, smelling, tasting by short advises and practice. They will be introduced in the method of Vineyard Bathing (*according to the practice of Forest Bathing*) and the art of moving in a paradise garden.

The tour continues with focus on the sense of smell and taste. At a private outdoor table in the vineyard guests will smell and taste four wines and try to allocate them to the respective fruits, spices, and soils. There is no wine knowledge needed, guests will be invited to play with their sensorial awareness.

The Sensory Tour concludes with lunch at our Osteria di Brolio restaurant.

The Awaken your Senses Tour will be guided by Heidi, sensory experience designer and founder of Heidi*s Sensory Travels.



INFORMATION

Reservations are required. Minimum number of people: 2, max 8.

Available on Monday, Wednesday and Friday on July 14-30 by reservation only. Meeting point at the Wine Shop on the main road at 9:30 am.

Booking available online



PRICE

Adult 150 Euro (min. 2 persons)
Teenager 75 Euro (12/18 years)

The menu at the Osteria di Brolio includes a bottle of wine and mineral water. A private car is needed to reach the picnic table, located at a few minutes driving distance from the Wine Shop. The Sensorial Tour also includes the Castle gardens fee to visit in the afternoon.



CANCELLATION

The total payment is required to book and is non- refundable except if the weather does not permit the tour.